



## LA ROCA CUP 2026 CHECK-IN REQUIREMENTS

### **JULY 8th ALL ROSTERS ARE DUE**

**\*PRIOR TO TOURNAMENT CHECK-IN, PLEASE ENSURE YOU HAVE COMPLETED THE FOLLOWING STEPS:**

#### **Utah Teams:**

- Obtain completed Guest Player forms for any guest players. **Club Pass players do not need a guest player form.** ([Link to Guest Player form](#)). This form is not required for tournament only player because *a tournament only player is not assigned to a team, so there is no coach to approve the use of that player by another team.*
- Tournament Only Players can be pulled onto your affinity roster with their ID number information. **If they are on the photo roster that will suffice.**
- Create an Official UYSA Tournament Roster and ensure all coaches and players, including guest players and tournament only players, are on the roster *with accurate jersey numbers.* **(See below for instructions for creating an official UYSA Tournament Roster.)**
- Email a copy of the UYSA tournament photo roster to [angie.nydegger@larocafc.com](mailto:angie.nydegger@larocafc.com). (Once verified I will email you back an "Approved" Roster One copy will remain at tournament headquarters.)
- PRINT as many copies as you need for your tournament games. Give one copy to the referee before each game for player check-in.

#### **Out of State Teams:**

- Create your roster in Gotsport. Add guest players also. Email Completed roster to [angie.nydegger@larocafc.com](mailto:angie.nydegger@larocafc.com)

### **Directions to [Creating a Tournament Roster](#) Add these details at step #7**

Tournament Name: *La Roca Cup 2026*

Soccer Federation: *UYSA*

Event Start Date: *July 15, 2026* End Date: *July 18, 2026*

City: *Salt Lake City* State: *Utah* Postal Code: *84104*

Director First Name: *Angie*

Director Last Name: *Nydegger*

Director Phone: *801-380-7971*

Email: [angie.nydegger@larocafc.com](mailto:angie.nydegger@larocafc.com)



## LA ROCA CUP 2025 CHECK-IN PROCEDURE

**PRE-GAME CHECK-IN PROCEDURE:** At least 15 minutes before each game, all players and coaches must appear before the game official for check in, at which time the Official APPROVED Tournament Roster must be presented.

***No handwritten changes will be allowed.***

***Rosters will be frozen upon team check-in before 1st game***