



THE LA ROCA WAY: Good Sportsmanship Guidelines and Code of Conduct

The La Roca Futbol Club (“La Roca”) expects anyone associated in any way with La Roca, including all players, coaches, administrators, team managers, parents/guardians, spectators, and volunteers (the “La Roca Family”) to demonstrate good sportsmanship on and off the field. The foundation of good sportsmanship is respect. “The La Roca Way” is *being respectful*. La Roca expects and strongly encourages the La Roca Family to follow these good sportsmanship guidelines when participating in any activity that involves a La Roca team.

Good Sportsmanship Guidelines

- I show respect to others regardless of their gender, race, color, ethnicity, nationality, sexual orientation, religion, age, or ability.
- I do not criticize other players, coaches, officials, parents, spectators, or volunteers.
- I accept calls from officials and do not argue.
- I do not use insulting or threatening language or gestures toward anyone.
- I follow the rules of the game.
- I have a positive attitude.
- I promote teamwork.
- I encourage all coaches and players to do their best.
- I report to the Club any form of discrimination, bullying, racism, or violations of the Code of Conduct (below) that I observe.
- I take responsibility for my mistakes.
- I follow instruction from the coaches.
- I accept the outcome of a match.
- I congratulate the winners.

Code of Conduct

La Roca does not and will not tolerate any conduct by the La Roca Family that it deems to violate this Code of Conduct. Examples of misconduct that would violate this Code of Conduct include, but are not limited to, the following:

- Any form of bullying, harassment, abuse, or intimidation, especially if it is because of a person’s gender, race, color, ethnicity, nationality, sexual orientation, religion, age, or ability.
- Inappropriate physical contact.
- Intentional damage to equipment, fields, or the personal property of others.
- Participating while under the influence of drugs, alcohol, or tobacco.
- Any behavior that results in a red card or game ejection or that reflects negatively on La Roca or the La Roca Family.

If a member of the La Roca Family is accused of violating this Code of Conduct, the allegation(s) will be referred to and reviewed by the La Roca Discipline Committee (“Committee”), which will determine whether the Code of Conduct was violated and, if so, what action, if any, is to be taken against the individual who violated it. If the individual disagrees with the Committee’s decision, he or she may appeal to the La Roca Board of Directors, which will review the decision and decide whether to sustain, modify, or reverse it. One or more of the following actions could be taken against a member of the La Roca Family who violates this Code of Conduct:

- Be suspended for one or more matches.
- Be fined up to \$500.
- Be expelled from the team and/or club. Under this penalty, a parent/guardian of a player would not be relieved of any contractual obligation(s) to La Roca or have the right to be reimbursed any funds that have already been paid to La Roca by or on behalf of the player who is associated with that parent/guardian. The player associated with that parent/guardian may also not be released by La Roca to transfer to another organization affiliated with the Utah Youth Soccer Association (“UYSA”).
- Be reported to law enforcement, the UYSA, and/or the U.S. Center for SafeSport.

Team: _____ **Boys** **Girls** **Age: U** _____

I have read the La Roca Good Sportsmanship Guidelines and Code of Conduct. I understand that if I am found to have violated the Code of Conduct, I may be suspended for one or more games, fined, expelled from the team/club, and/or reported to law enforcement.

Coach Printed Name	Coach Signature	Date
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Assistant Coach Printed Name	Coach Signature	Date
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Assistant Coach Printed Name	Coach Signature	Date
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Assistant Coach Printed Name	Coach Signature	Date
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Team Manager Printed Name	Team Manager Signature	Date
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Team Manager Printed Name	Team Manager Signature	Date
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Team: _____ **Boys** **Girls** **Age: U** _____

I have read the La Roca Good Sportsmanship Guidelines and Code of Conduct. I understand that if I am found to have violated the Code of Conduct, I may be suspended for one or more games, fined, expelled from the team/club, and/or reported to law enforcement.

Player Printed Name	Player Signature	Date
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Parent Printed Name	Parent Signature	Date
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