



Dear La Roca FC Family,

We wish you and your family a healthy, safe and happy Thanksgiving! While 2020 has been a difficult year for many, we still have much to be thankful for here at La Roca FC, including our incredible coaches and staff, loyal and supportive member families, dedicated players, and the privilege of continuing to play soccer! Life is still good!

Many teams are headed to out-of-state tournaments this month, and we wish them the best of luck as they represent La Roca FC on and off the field. Safe travels, everyone!

We've had a lot going on since last month's edition of the newsletter, so here's what today's newsletter covers:

- Latest COVID guidelines from UYSA
- Fan Gear Store closes November 16 at midnight
- Players who signed Letters of Intent
- ENCL Girls teams head to national events
- Results of DICK's 2020 Fall State Cup
- Administrative Staff Directory

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New COVID Restrictions Issued by UYSA

When Governor Herbert announced a two-week "pause" of youth sports beginning November 9, there was confusion about how the restrictions applied to private sports leagues and organizations. After receiving clarification from the Governor's office, UYSA announced that soccer clubs could continue to train as long as they followed COVID restrictions.



Chief Operations Officer Matt Rader, sent an email to club leaders with the following guidelines:

- Masks are required for players and coaches at all times
- Participants must social distance at all times (6' spacing)
- Spectators are not allowed at practices
- For contact tracing purposes, teams must fill out and keep a copy of an Event Management Template for EVERY training session
- No matches or scrimmages

Please review these guidelines with your player(s). We cannot overemphasize the importance of slowing the spread of COVID-19 in our communities to lesson the impact on our local hospitals. La Roca FC is committed to adhering to these guidelines in order to keep our players and coaches safe and ensure we can play soccer in the Spring.

On-Line Fan Wear Store Closes Soon

If you haven't visited the La Roca on-line store to check out the latest offering of PUMA fan wear, it's only open until midnight November 16. Place your order today to allow time for processing and shipping. Orders should arrive by Christmas. Who doesn't love a gift of La Roca fan gear?

[Click here to shop now](#)



La Roca Players Sign Letters of Intent

November 11, 2020, was an exciting day for several La Roca FC players who signed letters of intent to play collegiate soccer. So far, the following players shared their good news with us (please email socialmedia@larocafc.com with your big news so we can post a shout out on our social media pages):

- Peyton Anderson (La Roca ENCL 02/03) - Weber State University
- Rylee Gurney (La Roca ENCL 02/03) - Western Oregon University
- Brynlee Meyerhoffer (La Roca ENCL 02/03) - Weber State University
- Oakley Rasmussen (La Roca ECNL 02/03) - University of Florida
- Olivia Seager (La Roca ECNL 02/03) - Weber State University

- Aspen Seach (La Roca ECNL 02/03) - Western Kentucky University
- Mattyn Summers (La Roca 03 - Ariel Bravo) - Saint Louis University
- Sophie White (La Roca ECNL 02/03) - University of Florida

LETTERS OF INTENT



Congratulations!

Girls ECNL Events in Arizona and Colorado



The U16, U17, and U18/19 La Roca ECNL Girls teams are scheduled to compete in their first national ECNL event of the season in Phoenix, AZ, this weekend.

The following weekend, all the La Roca Girls ECNL teams (U15, U16, U17, U18/19) will be competing in division league games in Colorado. Good luck, ladies! Vamos La Roca!

Historic State Cup Finish for La Roca FC

Of the 8 La Roca FC teams that entered the DICK'S Sporting Goods Utah Fall State Cup 2020 last month, 3 teams brought home the Champions trophy, and one team ended as finalists. What an historical accomplishment for La Roca FC! Congratulations to all the teams that competed in the tournament!



La Roca - Pancho Ovalle U16 Champions



La Roca - David Chevez U18 Champions



La Roca - Danny Acosta U15 Champions



La Roca - Adolfo Ovalle U15 Finalists

La Roca Administrative Staff Directory

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