



Dear La Roca FC Family,

We hope your family enjoyed Memorial Day weekend and the chance to finally gather with family and friends!

As we navigate the restrictions pertaining to the Yellow or Low-Risk COVID Phase, we remind you of the *critical* importance of checking with your player about how they're feeling *BEFORE* sending them to practice. Parents, please *DO NOT SEND YOUR CHILD TO PRACTICE IF THEY ARE NOT FEELING WELL!* Your child's coach will understand your decision to keep your child home.

As La Roca FC prepares to host tryouts for all our teams, we are developing a plan to ensure we hold the safest, most effective tryouts possible. We will send information about COVID guidelines during tryouts later this week. Remember to register your child for tryouts so we can plan accordingly and send you all tryout updates.

We are excited to announce tryout schedules and coach assignments for the newest additions to our La Roca FC family: ECNL boys and girls teams. See the information below.

You should have received an email from La Roca FC on May 21 containing the 2020-21 fee schedules and our new refund policy. If you missed that information, it's included below.

We plan to continue to keep you informed about news that impacts our club families through this weekly club-wide newsletter. More time-sensitive news will be posted on our social media pages, so please follow La Roca on our social media pages:



Today's newsletter includes:

- Latest news from UYSA
- La Roca FC Yellow Phase Guidelines (in case you missed it last week)
- Tryout dates and registration links
- ECNL tryout dates and coaches
- Reveal of last week's mystery coach: **César Botero**
- May 21 club email re: 2020-21 fee schedules and new refund policy

Latest Notice from UYSA



On May 21 Utah Youth Soccer Association sent an email to all registered families with information about Tryouts and Registration. If you missed the email, here is a link to the notice posted on UYSA's website:

[UYSA Notice re: Tryout and Registration Information](#)

La Roca Yellow Phase Guidelines

To help us all adjust to the new training guidelines, La Roca compiled the information in an easy to read format. Please review with your player.



LOW RISK YELLOW PHASE RETURN TO PLAY GUIDELINES

CLUB	COACH & TEAM MANAGER	PARENT	PLAYER
<ul style="list-style-type: none">- COMMUNICATE TO ALL STAFF ABOUT RETURN TO PLAY SAFETY GUIDELINES AND PROCEDURES- SUPPORT PLAYERS AND PARENTS THAT MAY BE UNCOMFORTABLE WITH RETURNING TO PLAY	<ul style="list-style-type: none">- COACHES MUST ALWAYS WEAR PPE WHEN ADDRESSING THE TEAM OR WITHIN 6 FEET- ASK PLAYERS HOW THEY ARE FEELING, BE SUPPORTIVE AND EXCUSE THEM FROM PRACTICE IF THEY ARE NOT FEELING WELL- SUPPORT FAMILIES WHO MAY NOT FEEL COMFORTABLE RETURNING TO PLAY- SANITIZE ALL EQUIPMENT BEFORE AND AFTER EACH PRACTICE	<ul style="list-style-type: none">- CONFIRM YOUR CHILD IS SYMPTOM FREE BY ASKING THESE QUESTIONS:<ol style="list-style-type: none">1. DO THEY HAVE A FEVER?2. ARE YOU EXPERIENCING SYMPTOMS? FEVER, COUGH, SHORTNESS OF BREATH, LOSS OF TASTE OR SMELL, NAUSEA, VOMITING3. HAS ANYONE IN YOUR HOUSEHOLD TESTED POSITIVE FOR COVID 19 OR EXHIBITED ANY OF THE SYMPTOMS?- SUPPLY YOUR CHILD WITH INDIVIDUAL HAND SANITIZER AND WATER- PRACTICE SOCIAL DISTANCING BY STAYING IN YOUR CAR	<ul style="list-style-type: none">- WASH YOUR HANDS BEFORE AND AFTER TRAINING- PLACE PERSONAL EQUIPMENT AT LEAST 6FT APART- DO NOT SHARE WATER OR FOOD- PRACTICE SOCIAL DISTANCING, 6 FEET APART, WHILE NOT PARTICIPATING IN ACTIVITIES- NO HIGH FIVES, FIST BUMPS, HANDSHAKES OR GROUP CELEBRATIONS

La Roca FC Tryout Dates

Tryouts in all 4 of La Roca's regions will be held on the following dates for ALL



players interested in being placed on La Roca teams (returning players AND new players). Information about locations, dates and times for each region is posted on our website

<https://larocafc.com/tryouts/>

U7/8 - U12 players: Mon-Tue, Jun 8-9

U13-U19 players: Mon-Thu, Jun 15-18

Tryouts are FREE to all participants this year.

Location-specific COVID instructions will be emailed to families who are registered for tryouts, so please make sure to register your child using the links below so you receive the latest information.

We are not using tryout shirts this year. Returning La Roca FC players should wear their gray training jersey to tryouts. Coaches will distribute numbered stickers to players within tryout age groups. The sticker should be reapplied the second day of tryouts.

[North Tryouts](#)
[Salt Lake Tryouts](#)
[South Tryouts](#)
[Spanish Fork Tryouts](#)

La Roca FC Announces ECNL Tryouts, Coaches

Tryouts for La Roca FC's new ECNL girls and ECNL boys teams have been scheduled and coaches have been announced. Please use the correct link below to register your player for ECNL tryouts (*note the region and birth year for each session*). All La Roca FC tryouts are FREE this year.

La Roca ECNL Girls Tryouts:

NORTH Girls 2002/03, 2004, 2005, 2006:

Thu., May 28, 4:30-6:00 pm
La Roca Park, 128 E. South Weber Dr., South Weber UT 84405

[Tryout Registration: North ECNL Girls 2002/03, 2004, 2005, 2006 Teams](#)

NORTH Girls 2007 and 2008:

Tue & Thu, June 16 & 18, 4:30-6:30 pm
La Roca Park, 128 E. South Weber Dr., South Weber UT 84405



SOUTH Girls 2008:

Tue & Thu, June 16 & 18, 4:30-6:30 pm
Timberline Middle School, 500 W. Canyon Crest Dr., Alpine UT 84004
[Tryout Registration: South ECNL Girls 2008 Team](#)

La Roca ECNL Boys Tryouts:

NORTH Boys 2002/03 and 2004:

Mon & Wed, June 15 & 17, 7:00-9:00 pm
La Roca Park, 128 E. South Weber Dr., South
Weber UT 84405

[Tryout Registration: North ECNL Boys 2002/03
and 2004 Teams](#)



SOUTH Boys 2005:

Mon & Wed, June 15 & 17, 7:00-9:00 pm
Timberline Middle School, 500 W. Canyon Crest
Dr. Alpine UT 84004

[Tryout Registration: South ECNL Boys 2005 Team](#)

SOUTH Boys 2006, 2007 and 2008:

Mon & Wed, June 15 & 17, 4:30-6:30 pm
Timberline Middle School, 500 W. Canyon Crest Dr. Alpine UT 84404
[Tryout Registration: South ECNL Boys 2006, 2007, 2008 Teams](#)

Location-specific COVID instructions will be emailed to families who are registered for tryouts, so please make sure to register your child using the links below so you receive the latest information.

We are not using tryout shirts this year. Returning La Roca FC players should wear their gray training jersey to tryouts. Coaches will distribute number stickers to players within tryout age groups. The sticker should be reapplied the second day of tryouts.

Coaches - ECNL Girls Teams:

2002/03 Adolfo Ovalle USSF A License
2004 David Chevez USSF B License
2005 Francisco "Pancho" Ovalle USSF A License
2006 Felipe Diaz USSF A License
2007 Francisco "Pancho" Ovalle USSF A License
2008 Felipe Diaz USSF A License, Flavio Bleinat USSF C License

Coaches - ECNL Boys Teams:

2002/03 David Chevez USSF B License
2004 David Chevez USSF B License
2005 Celso Santos USSF C License
2006 Celso Santos USSF C License
2007 José Milla USSF C License
2008 Celso Santos USSF C License

Mystery Coach Revealed: CÉSAR BOTERO

Meet the La Roca Mystery Coach:
CÉSAR BOTERO
First correct guess submitted by La Roca player VICTOR VILLATORO



#WeAreLaRocaFamily

This week's La Roca mystery coach is CÉSAR BOTERO, coach of 3 La Roca South boys teams: U12, U14, and U16. Correct guesses were submitted by several people, but the first to post a reply on Instagram was La Roca player, Victor Villatoro.

César was born and raised in Colombia, the oldest of 3 boys. He played futsal, volleyball, and soccer growing up, and admits that PE was his best subject in school. His favorite professional soccer team is Real Madrid, and his favorite player is former French pro Zinedine Zidane who he had the opportunity to see train and play for 3 months in Real Madrid. César has a degree in sports science and senior management, practices meditation regularly, loves to read, and has 2 children. His favorite movie is The Pursuit of Happiness and his favorite comfort food is pasta. He loves being a full time soccer coach, and, like most coaches, his dream job would be coaching a national soccer team. Thanks for being this week's La Roca mystery coach, César!

2020-21 Fee Schedules and New Refund Policy

The following letter was emailed to all La Roca families on May 21, 2020:

Dear La Roca Family,

As you know, we are starting to see some good trends across our state and nation with the easing of the physical distancing restrictions related to COVID-19. We hope that during this unprecedented time that your family has remained safe and healthy. As a soccer club, we are more than thrilled to get back to trainings, games, seeing our players work hard and enjoying the game we all love.

As we move forward, we want to provide you with the most current information

and full transparency on what the fee structure and refund policy will look like for this upcoming soccer year. We never thought in a million years that we would have a cancelled season or deal with a world pandemic that would completely halt everything we do. Although we demonstrated how creative, agile and dedicated we are to our players by offering online training 4 days a week throughout the physical distancing directives, many valuable lessons were learned and are being applied to the upcoming year.

To give a little background on how La Roca has operated as a non-profit organization, we have tried to set fees as close to our actual costs as possible. Although this is a savings for our players and their families, it means that the club operates on very tight margins and carries over very few funds into a future year's budget. We carefully balance the Club's revenues for the year against its expenses to accomplish several objectives and take us through the entire year until tryouts the next year. Each year's budget includes the following fees:

- a) Club Fee - compensation for our Directors of Coaching and goalkeeper trainers, coaching education, insurance, Worker's Compensation, payroll processing fees, bank fees, credit card service fees, senior banquet, college night, tryouts, marketing, and other related expense.
- b) Admin Fee - compensation for an administrator/registrar in each area, office supplies, room rentals, etc.
- c) Equipment Fee - purchasing goals, balls and ball bag for every coach, and nets and flags for new teams, including start-up equipment for the La Roca Juniors program.
- d) Training Fee - compensation for our coaches and the related payroll taxes.

(In the 2020-21 fees, the Admin Fee and Equipment Fee are incorporated into the Club Fee.)

Because the State of Utah imposed the COVID-19 restrictions on March 23, 2020 (which is approximately 9 weeks before the end of the soccer season and our fiscal year), most of the fees the Club had received for this year had been allocated and/or spent on the items listed above. This left La Roca in the unpleasant position of choosing between either refunding fees (which, to our knowledge, no other club in the state has done) or continuing to employ our most valuable assets - our coaches. We wish it were possible to offer refunds, but we know that as we transition out of this pandemic, everyone will be glad that La Roca coaches are still employed and ready to provide top-notch coaching and development to all La Roca players. In light of all this, the Club will not offer any refunds this year.

Please know that we are sensitive to the fact that this is a challenging time - both emotionally and financially. Our leadership has had daily conversations about your player and family on how to best structure the new season going forward to minimize the financial burden yet still fully operate the Club and its programs. For the 2020-2021 season, we have added a more detailed refund policy in the event of future natural disasters, including COVID-19. We have also crunched numbers internally to further tighten our financial belts without compromising our end product to you.

Our new refund policy states:

- a) If in-person trainings stop due to a natural disaster or restrictions imposed by the government, the Club will refund to you 25% of the training fees that you

have paid for every month that in-person trainings are canceled.

b) If league play is suspended for any reason, a portion of the field and referee fees that you have paid and that have been refunded to the Club will be refunded to you in proportion to the amount of that season that has been suspended.

We are pleased to announce that next year's registration fees have been reduced for everyone by approximately \$200! We know several families have experienced and are experiencing economic hardships and we have worked hard to adjust our budget with the goal of making our fees even more affordable for everyone. We have also decided to opt-out of the RSL Voucher fundraiser this year to help reduce overall fees. Please see your area's fee structure below and contact your area administrator with any questions.

We are very excited to move forward and see you all at tryouts. Please invite your friends, neighbors, and families to come and EXPERIENCE THE LA ROCA DIFFERENCE. We look forward to the fantastic year of soccer ahead of us!

Vamos La Roca!

La Roca FC Staff

Please note that in the 2020-21 fees, the Referee Fees have been reduced by 50% because the referee fees from the cancelled Spring 2020 season have been credited to each player. So, 2020-21 players will only pay one season of referee fees.

[2020-21 Fees - North Teams](#)

[2020-21 Fees - Salt Lake Teams](#)

[2020-21 Fees - South Teams](#)

[2020-21 Fees - Spanish Fork Teams](#)

La Roca Futbol Club

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See what's happening and follow us on our social sites

