

## LA ROCA CUP 2018 INFORMATION, RULES, AND POLICIES

### GENERAL INFORMATION

- **Eligibility:** The La Roca Cup is open to U9-U19 boys and girls UYSA, USYSA and US Club Soccer teams. All players and coaches must be properly registered with their state soccer association for the 2018-2019 soccer year.
- **Rosters:** La Roca Cup is using UYSA (or other state association certified) rosters. Got Soccer is used to manage registration and scheduling only. Official photo tournament rosters must be created in the team's state registration system (UYSA/Affinity for Utah teams) in order to ensure that teams are properly registered for the 2018-2019 season. (See below for more information about roster specifications, team credentials, and check-in requirements.)
- **Roster Freeze:** Rosters will be frozen when the Official Tournament Roster is presented at check-in, 90 minutes before the team's first game. **NO HANDWRITTEN ROSTER CHANGES WILL BE ALLOWED.**
- **Refunds:** There will be no refunds or reimbursements of tournaments application fees for withdrawal from the tournament or forfeiture of games.
- **Number of Games:** Each team is scheduled for a minimum of three games.
- **Placement of Teams:** The La Roca Cup tournament committee will make every effort to honor a team's requests to be placed in a specific division; however, in some instances, the committee may place a team in another division in order to achieve better parity among teams and thus ensure fair competition within the age bracket. Furthermore, the tournament committee reserves the right to combine divisions and/or age brackets if necessary.
- **Awards:** Award medals will be presented to 1<sup>st</sup> place champions and 2<sup>nd</sup> place finalists in the U9-U19 age groups at the awards stage after final games. Additionally, a trophy will be awarded to the 1<sup>st</sup> place champion team in each division at the awards presentation.
- **Registered Coaches:** Any team playing a game without an officially rostered coach present will forfeit that game. Please understand that the scheduling team will try to resolve as many coaching conflicts as possible; however, **IT IS IMPOSSIBLE TO AVOID ALL COACHING CONFLICTS IN A TOURNAMENT THIS SIZE. Therefore, it is strongly advised that every team have more than one licensed, registered coach on their team roster.**
- **Multi-Rostering of Players is not allowed.** If a player is found to have played on more than one team during the tournament, all games the player participated in will be forfeited.
- **Sideline Policy:** Teams will sit on the same sideline. Spectators will sit on the opposite sideline, directly across from their team. Spectators are not allowed on either end line or behind the goal.
- **Player Equipment:** Protective shin guards must be worn by all players. No jewelry may be worn. Casts, splints, and knee braces are allowed, provided they are (in the opinion of the referee) adequately covered and padded so as to eliminate the possibility of injury to other players.
- **Home Team Responsibilities:** The home team is listed first in the schedule and is responsible for the following:
  - Changing uniforms if the referee decides there is a color conflict.
  - Providing a game ball and a ball beside own goal.
  - Ensuring garbage is removed from the team side line after each game.
- **Salt Lake Regional Athletic Complex Regulations:**
  - Warm up Rule:** There is no warm-up permitted in goal mouths. This is in order to best maintain the integrity of the surface for the match/game. Keepers will be allowed to warm-up 15 minutes before game time. Teams may only warm-up on the space next to their assigned game field until their field is available. Teams are not allowed to warm up on open game fields. Fields are for games only.
  - Shade Canopies:** Pop up canopies must be anchored with either sand bags or buckets. **NO STAKES ARE ALLOWED.**
  - Dogs:** Dogs must be on a leash and owners must clean up after their pets.
  - Prohibited Items:**

- Bikes, inline skates, skateboards, scooters, etc., on the fields
- Fireworks or open flame except by authorized concessionaires
- Smoking
- Camping or overnight parking of vehicles, RVs, or trailers (the gates will be locked one hour after the last game of the day)
- Littering or dumping (*please spit sunflower seeds into a cup, NOT on the ground*)
- Alcohol

### RULES OF PLAY

- The current FIFA Laws of the Game will govern all games as amended by rules of this particular tournament as well as Utah Youth Soccer Association Bylaws, Rules and Regulations and/or policies as appropriate.
- The La Roca Tournament Director has the final decision relating to the interpretation of the tournament rules.
- The referee's decision is final. No protests will be accepted.
- Only USSF certified referees will be used in this tournament.
- All games will begin no later than five minutes after the scheduled start time. A forfeit will be declared if a team cannot field the minimum number of players (see chart) within five minutes of scheduled start time.
- Games may be shortened to accommodate time and weather conditions (See Inclement Weather Policy below.)
- All pool play games will be terminated at least 5 minutes prior to the scheduled start of the next game regardless of the amount of time played in each half up to that point. This will ensure games start on time.
- If injury time is more than 10 minutes during a game; future game times may be adjusted to accommodate all games played that day.
- Substitutions may be made, with the consent of the referee, at any stoppage in play.
- The UYSA Concussion Policy will be enforced. Players suspected of having suffered a concussion will be reported on the Official Tournament Roster.
- Certified Athletic Trainers will be on-site to provide medical help, and will refer players to professionals when necessary.
- U9-U12 teams: no deliberate heading of the ball is allowed. If a player deliberately heads the ball in a game, an indirect free kick should be awarded to the opposing team from the spot of the offense.
- U9-U10 players will retreat to the break-out line for goal kicks.
- No punting by keepers is allowed in U9-U10 games.

### WATER BREAK POLICY

One water break per half, midway through each half, will be given at the discretion of the referee.

### INCLEMENT WEATHER POLICY

La Roca Cup will follow the RAC's Inclement Weather Policy, which states: In the event of lightning within 10 miles from the RAC, a 30-minute delay from last strike will be imposed, and players, coaches, officials and spectators must leave the fields and seek shelter. **Any subsequent lightning after the beginning of the 30-minute count will reset the clock for another 30 minutes.**

Furthermore, in the event of inclement weather and/or dangerous conditions, the referee will have discretion to:

- 1) Shorten the game.
- 2) Suspend the game.
- 3) Determine the outcome by FIFA kicks from the mark. If FIFA kicks are to be taken in lieu of a preliminary round game, a maximum of 5 kicks will be taken per team. At the end of 5 kicks the game will be scored as a 1-0 win for the team that has scored more penalty kicks, or a 0-0 tie if both teams are tied after 5 kicks each.

- 4) Cancel and/or reschedule the game.

#### **GAME SUSPENSION POLICY**

If conditions warrant the suspension of a game, the following guidelines will apply:

- 1) If suspended prior to the start of the second half, the game will be replayed in its entirety.
- 2) If suspended during the second half, the game will be considered a full game.
- 3) If overtime periods are required, and the game is suspended before the start of the overtime period, the overtime period shall be played at a rescheduled time in its entirety.
- 4) If the game is suspended during the second overtime period, the game shall be considered a full game, unless tied. If the game is tied at the time of suspension, the remaining minutes in the overtime period shall be completed at a rescheduled time.
- 5) If the suspended game is a preliminary round match, the decision to replay the game shall be at the discretion of the Tournament Director. The Director may decide not to replay the game if it has no effect on the outcome of either team advancing to the next round.

#### **CONDUCT AND DISCIPLINE GUIDELINES**

- **Spectator Conduct:** It is the responsibility of each team to maintain proper spectator conduct. The coach shall be held primarily accountable for the conduct of the spectators from their respective teams. Negative comments toward the game officials, players, or other spectators will not be tolerated. Foul language will not be permitted. Spectators may be warned and/or ejected from the game, or the game may be stopped and forfeited by the game and/or tournament officials. Any spectator ejected from the game must remain 100 yards from the field until the game is over.
- **Player/Coach Misconduct:**
  - Red and yellow cards will be recorded by the center referee on the game card, and logged at tournament headquarters.
  - Three consecutive yellow cards will be treated as a red card.
  - The following ejection rules will apply to players or coaches receiving a red card or three consecutive yellow cards:
    - 1) If a coach or player is ejected from the game, he/she will be ineligible to participate in his/her team's next tournament game. The referee shall make note of the incident on the game card.
    - 2) If the coach is ejected from the game, the coach must leave the immediate area of the game. During the one-game suspension, the suspended coach must not be in contact with the team or the replacement coach for the period beginning 30 minutes prior to the game and ending at the conclusion of the game.
    - 3) Any player, coach or administrator ejected from a second game shall be ineligible to participate during the remainder of the tournament.

#### **SCORING AND TIE BREAKING POLICY**

**Scoring:** The following points will be awarded for each game according to the La Roca Cup 2018 tournament scoring set up in Got Soccer:

Points Per Win: 3

Points Per Tie: 1

Points Per Loss: 0

For a forfeited game, the winner will be credited with 3 points, and the game will be scored 2-0. No points will be awarded if neither team shows up.

Preliminary round games may end in a tie.

**Tie-Breaking After Pool Play Games:** In the event of a points tie after preliminary rounds, the following criteria will be used according to the La Roca Cup 2018 tournament scoring set up in Got Soccer:

Tie Breaker #1: Head to head record

Tie Breaker #2: Goal Differential (goals scored minus goals allowed; 4 goal differential limit)

Tie Breaker #3: Goals Against (limit per game: 4 goals)

Tie Breaker #4: Goals For (limit per game: 4 goals)

Tie Breaker #5: Most Shutouts

Tie Breaker #6: Penalty Shootout (at a time scheduled by the Tournament Director)

**Tie-Breaking in Semi-Finals and Finals:** In semi-final and final games for ages U11-U19, if the games are tied at the end of regulation play, two equal overtime periods shall be played (5 minutes each for U11-U16 teams, and 10 minutes each for U17-U19 teams). If the games are still tied at the end of overtime play, FIFA kicks shall be taken from the penalty mark to break the tie.

#### AGE GROUP SPECIFICATIONS:

AGE GROUP/ BIRTH YEAR	PLAYERS ON FIELD	ROSTER MAX	GUEST PLAYER MAX	GAME LENGTH	HALFTIME	OVERTIME (Semi and Finals ONLY)	BALL SIZE
U9/2010	7	12	3	2 x 25-min	5 min	N/A	4
U10/2009	7	12	3	2 x 25-min	5 min	N/A	4
U11/2008	9	15	4	2 x 25-min	10 min	2 x 5-min	4
U12/2007	9	15	4	2 x 25-min	10 min	2 x 5-min	4
U13/2006	11	18	5	2 x 30-min	10 min	2 x 5-min	5
U14/2005	11	18	5	2 x 30-min	10 min	2 x 5-min	5
U15/2004	11	18	5	2 x 35-min	10 min	2 x 5-min	5
U16/2003	11	18	5	2 x 35-min	10 min	2 x 5-min	5
U17/2002	11	18	5	2 x 35-min	10 min	2 x 10-min	5
U18/2001	11	18	5	2 x 40-min	10 min	2 x 10-min	5
U19/2000	11	18	5	2 x 40-min	10 min	2 x 10-min	5

#### REQUIRED TEAM CREDENTIALS:

- **Official Tournament Photo Roster:** Utah teams must create an Official UYSA Tournament Photo Roster that lists every player, including guest players and coaches. (See below for step-by-step instructions for how to create an Official UYSA Tournament Roster in Affinity.) Six copies of the Official Tournament Roster must be presented at tournament check-in no later than **90 minutes** before the first scheduled game. **Out of state teams** must present one copy of an official player roster AND laminated photo player cards for each player and coach at tournament check-in.
- **Medical Release Forms:** UYSA Player Registration Forms (or the equivalent from a state soccer association) with a signed Medical Consent statement must be obtained from **every player on the roster**. *These forms do not need to be presented at check-in; however, the team manager MUST have the forms at the tournament in case a player needs medical attention and a parent or guardian is not present to give consent for treatment.*
- **Guest Player Forms:** (See the chart for guest player limits) The following forms must be completed with all required signatures and presented at tournament check-in for EVERY GUEST PLAYER on the roster:

1. A player registration form with consent for medical treatment (Team Manager must keep these forms with them at the tournament.) *This form is also required for any tournament only players on the roster.*
  2. UYSA Specialty Player Action Form with Guest Player section completed for ALL guest players, even out of state players. This form will be retained in a file at Tournament Headquarters. (The UYSA Specialty Player Action form is available at [https://usys-assets.admin.com/assets/985/15/specialty\\_player\\_action\\_2011-2.pdf](https://usys-assets.admin.com/assets/985/15/specialty_player_action_2011-2.pdf))
  3. For tournament only players, a laminated photo player card must be presented at check-in. It will be stickered and returned to the team manager.
  4. In addition to the above forms, out of state teams must present a laminated photo player card for each guest player.
- **Guest Player:** A guest player is defined as a player who is registered to a different team for the 2018-2019 season, but has agreed to play for your team in La Roca Cup, *AND HAS RECEIVED PERMISSION FROM THEIR CURRENT COACH TO PLAY IN LA ROCA CUP.*
  - **Tournament Only Players:** A tournament only player is not registered to a specific team for the current season; it's a player who only wants to play in tournaments. A tournament only player must have a laminated photo player card to play in La Roca Cup. If the tournament only player needs a laminated photo player card, it can be issued by La Roca. The cost of the card is \$36 (\$11 for UYSA registration and \$25 for the processing of the laminated card). A tournament only player must go to the La Roca office with a parent or guardian to get their photo player card. Contact Tournament Director, Wendy Kenney (801-510-7254) if you have a tournament only player who needs a player card, or for further instructions about tournament only players.

## LA ROCA CUP 2018 CHECK-IN REQUIREMENTS

**SEVERAL DAYS PRIOR TO TOURNAMENT CHECK-IN, PLEASE ENSURE YOU HAVE COMPLETED THE FOLLOWING STEPS:**

### **Utah Teams:**

- Obtain completed UYSA Player Registration Forms with signed Medical Consent for every player on the roster, including guest players and tournament only players. *(These forms do not need to be presented at check-in; however, the team manager MUST have these at the tournament in case a player needs medical attention and a parent or guardian is not present to give consent for treatment.)*
- Obtain completed Specialty Player Action forms for every guest player (Specialty Player Action form is available at [https://usys-assets.ae-admin.com/assets/985/15/specialty\\_player\\_action\\_2011-2.pdf](https://usys-assets.ae-admin.com/assets/985/15/specialty_player_action_2011-2.pdf)). This form is not required for tournament only player.
- Instruct tournament only players that they must go to the La Roca office to register as a La Roca Cup tournament only player and to obtain a laminated photo player card. (Contact Wendy Kenney, Tournament Director, 801-510-7254 if you have a tournament only player.)
- Create an Official UYSA Tournament Roster and ensure all coaches and players, including guest players and tournament only players, are on the roster *with accurate jersey numbers*. (See below for instructions for creating an official UYSA Tournament Roster.)
- Print 6 copies of the UYSA tournament photo roster. (Once verified at check-in, all copies of the roster will be stamped "Approved." One copy will remain at tournament headquarters; the other copies will be returned to the Team Manager who will give one copy to the referee before each game for player check-in.)

### **Out of State Teams:**

- Obtain completed state soccer association Player Registration Forms with signed Medical Consent for every player, including guest players.
- Obtain completed UYSA Specialty Player Action forms for every guest player (Specialty Player Action form is available at [https://usys-assets.ae-admin.com/assets/985/15/specialty\\_player\\_action\\_2011-2.pdf](https://usys-assets.ae-admin.com/assets/985/15/specialty_player_action_2011-2.pdf)).
- Obtain one copy of your official team roster from your state registrar. (The roster will remain at tournament headquarters.)
- Obtain laminated player photo cards for every player, including guest players. (Player cards will be presented to the referee before each game for player check-in.)

## LA ROCA CUP TOURNAMENT CHECK-IN PROCEDURE

At least **90 minutes** before the team's first game, a team representative should arrive at tournament headquarters (located at the middle of the RAC near the restroom building) with the following documents:

### Utah teams:

- 6 copies of the Official UYSA Tournament Roster with photos and names of all players, including guest players and tournament only players, and coaches. (See below for instructions for creating an official UYSA Tournament Roster.)
- UYSA Specialty Player Action Forms for all guest players (**properly completed and signed by parent, player, and coaches**). Not needed for tournament only players.
- Laminated UYSA photo player cards for any tournament only players

The official tournament roster, Specialty Player Action Forms, and/or laminated photo player cards for tournament only players will be reviewed for compliance, and stamped "Approved." The laminated photo player cards for tournament only players will be stickered and returned to the person checking in the team. One copy of the roster and the Specialty Player Action forms will be filed at tournament headquarters; the other copies of the Tournament Roster will be returned to the person checking in the team. One copy of the approved roster must be presented to the game official before each game.

### Out of state teams:

- 1 copy of official team roster
- Laminated photo player cards for all players, including guest players
- Specialty Player Action Forms for all guest players

The team roster, laminated photo player cards, and Specialty Player Action Forms for guest players will be reviewed for compliance. The laminated photo player cards will be stickered and returned to the person checking in the team. The official team roster and the Specialty Player Action forms will be filed at tournament headquarters. The laminated photo player cards must be presented to the game official before every game.

**PRE-GAME CHECK-IN PROCEDURE:** At least 20 minutes before each game, all players and coaches must appear before the field marshal or game official for check in, at which time the Official Tournament Roster or laminated photo player cards must be presented. After the game, the team administrator must pick up the player cards from the game official.

## HOW TO CREATE AN OFFICIAL LA ROCA CUP 2018 TOURNAMENT ROSTER (Utah teams only)

1. Go to [www.utahyouthsoccer.net](http://www.utahyouthsoccer.net).
2. Login in under Member Login which is located on the top right hand of the UYSA homepage.
3. You will now be on the "My Account" page. Click the Teams tab, click on the "Team Info" link to the right of the team name.
4. Click on the Tournament Roster tab, and then "Create New Request".
5. Fill out tournament information with the following:
  - Tournament Name: *La Roca Cup 2018*
  - Soccer Federation: *UYSA*
  - Event Start Date: *July 18, 2018* End Date: *July 21, 2018*
  - City: *Salt Lake City* State: *Utah* Postal Code: *84104*
  - Director First Name: *Wendy* Director Last Name: *Kenney*
  - Director Phone: *801-510-7254*
  - Email: [wendy.kenney@larocafc.com](mailto:wendy.kenney@larocafc.com)
6. Click on "Save".
7. Next, click on Roster below the Tournament Roster tab. You can delete administrators and players by clicking on the red X next the admin/player's name. To add a guest player, click the Add Player/Admin Inside Org at the bottom right hand side of the screen. Choose the Roster Role from the drop down and enter the ID Number and click "Save & Continue." Jersey numbers can also be added along with player positions on the roster page. Always click "Save & Continue" after each addition or change.
8. Click "Save & Continue." Make sure at the upper right next to Status, it says, "Accepted."
9. If you add a guest player or a tournament only player, the status will say borrowed. If the player is a guest player, you must submit a completed Specialty Action Form with their coach's signature at the tournament check in. If this player is a tournament only player the tournament only card must be submitted at check in. ([UYSA Specialty Player Action Form](#))
10. Once you've made all the roster changes/additions, click on "Submit and Review" on the purple line.
11. Click on "Submit" and click on the "Submit Application" button.
12. Click on the "Review" Button, and select "Print Photo Roster" button to print photo roster.
13. A photo roster will be created with pictures. On the "Select a format" pull down menu at the top, select PDF, then click on "Export."
14. A formatted photo roster is now on your screen and can be printed using your print driver.

### To make changes to your tournament roster:

1. Login in to your UYSA account.
2. Click the Teams tab, then the "Team Info" link to the right of the team name.
3. Click on the Tournament Roster tab, and then under "La Roca Cup 2018," click the "Edit Application" button.
4. Click Roster below the Tournament Roster tab. From this page, you can make any necessary roster changes.
5. Click "Save & Continue."
6. Follow steps 12-14 above to print the photo roster.

***No handwritten changes will be allowed. Rosters will be frozen upon team check-in, 90 minutes before the first game.***